

November 2nd, 2020

To Students, faculty and staff members,

President of Toyohashi University of Technology
Terashima Kazuhiko

[Caution] Measures to prevent the spread of the new coronavirus in light of the increase in the number of infected people in Toyohashi City

The number of people infected with the new coronavirus is on the rise again across the country, and the number of cases is increasing in Toyohashi City, including outbreaks of clusters. (As of November 2nd, 31 people have been infected in the city as a result of the cluster outbreak.)

In Aichi Prefecture, the number of cases exceeded 90 on October 31 for the first time since late August, and the prefectural governor has called for measures to prevent infection, saying, "We're effectively seeing the third wave of cases."

In light of these circumstances, we ask that you continue to take measures to prevent infection and the spread of the virus based on the New Coronavirus Infectious Diseases Control Charter at Toyohashi University of Technology and the University's With Corona Declaration, and that you pay attention to the following points in addition to the measures you have taken to date.

Therefore, we ask that you reconfirm the measures to be taken and the contact information in case of any symptoms and take appropriate action.

●Appropriate actions to practice New Lifestyles and prevent clustering

Attention to the current spread of the disease, especially to prevent clusters.

- Be aware of the **"five situations"** that increase the risk of infection.

Scene 1: Social gatherings with alcohol consumption, etc.

(Decreased attention due to drinking, etc.)

Scene 2: Eating and drinking in large groups and for long periods of time

(Increased risk of infection in 5 or more people)

Scene 3: Conversation without a mask

(Conversation at close range while eating and drinking)

Scene 4: Living together in a small space

(Private rooms and common areas of student housing)

Scene 5: Switching Locations

(Moving around during lunch breaks and using the changing rooms after a workout)

- Avoiding access to high-risk areas, such as those where clusters have been reported.
(Nightlife districts that are prone to the 3C's.)
- Proper hand washing, wearing masks, and ventilation to prevent infection.

●About unnecessary and unurgent trips to endemic areas (including business trips and trips to the parents' home)

- Non-essential and non-urgent travel to designated endemic areas is prohibited.
- Please be cautious when moving to other areas and be especially cautious when moving to designated caution areas.
- For the prevalent areas, we are changing the area depending on the infection situation over the weekend.

* For designation of endemic and cautionary areas, please refer to the TUT Activity Restrictions Level for Preventing the Spread of COVID-19.

●Appropriate response in the event of symptoms and contacting the university

- If you feel any unusual physical changes or discomfort, please follow the instructions below:
 1. Don't come to the university
 2. Avoid meeting people
 3. Be careful of contact with people living together (Each home or university dormitory)
- If you have symptoms of a suspected infection, you should take appropriate action, including contacting the TUT Health Care Center. (Please refer to the "How to respond to symptoms and the flow of contact to the university.")

Excerpts from "Practical Examples of New Lifestyles"

●Basic infection prevention measures for individuals

<Three basics of infection prevention>

- ① Keep a safe physical distance
- ② Wear a mask
- ③ Wash your hands

<Infection Prevention Measures when Traveling>

- ① Avoid going to and from areas where infections are endemic
- ② Avoid going back to your hometown or traveling
- ③ Take notice of local infections
- ④ Take notes of who you meet and where you go in case you become infected

●Basic infection prevention measures in your daily life

- ① Wash your hands frequently, cover your cough as etiquette, and ventilate frequently
- ② Keep a safe physical distance, avoid the Three Cs (1. Closed spaces 2. Crowded places 3. Close-contact settings)
- ③ Take your temperature and check your health every morning

●Countermeasures for each scene of daily life

<Using Public Transport>

- ① Avoid conversation
- ② Avoid crowded times

<Dining>

- ① Sit next to each other and not facing
- ② Focus on the food, avoid conversation

<Entertainment and Sports>

- ① Don't stay in a small room for too long
- ② Keep a sufficient distance for singing and cheering

<Shopping>

- ① Go alone or in a small group at off-peak hours
- ② Keep the space in front and behind you when you stand in line at the register

*Please refer to the examples of "New Lifestyles" practices from the Ministry of Health, Labour and Welfare.

●If you have an essential trip to designated endemic areas

- Even if you need to travel or move, don't do it if you're not feeling well.
- After returning to your place of residence, please consult with your faculty member and class teacher and take care to minimize the chances of contact with other people. As shown in the Practical Examples of New Lifestyles, be sure to record your health condition including body temperature and the details of your actions (the person you met, the length of stay at the facility, whether or not to wear a mask, etc.).
- If you feel unwell after traveling, please follow the instructions "How to respond to symptoms and the flow of contact to the university".

●About COVID-19 Contact-Confirming Application (COCOA)

It is because many clusters have occurred at restaurants and other food outlets, we recommend downloading the new coronavirus infection Contact-Confirming Application (COCOA) developed by the Ministry of Health, Labour and Welfare and registering the local government's own notification system, such as the Toyohashi City new corona notification system.

【COCOA】 https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/cocoa_00138.html

【Toyohashi City new corona notification system】 <https://www.toyoalert.jp/>

On August 25th, the Minister of Education, Culture, Sports, Science and Technology issued a message titled "Preventing Discrimination and Prejudice against New Coronavirus Infections".

We also ask all faculty, staff, and students to read the message, understand the new type of coronavirus infection, and take appropriate action to avoid discrimination and prejudice based on correct knowledge.