

August 6th, 2020  
Amended in part on September 2nd, 2020

To Students, faculty and staff members,

President of Toyohashi University of Technology  
Terashima Kazuhiko

**[Caution] Regarding the spread of new corona virus infection and thorough measures to prevent infection**

Infection with the new coronavirus is still expanding, and the number of infected people is rapidly increasing in Aichi Prefecture and Toyohashi City, and there is also infected student at our university. From this situation, based on the University's "New Coronavirus Infectious Diseases Control Charter" and "With Corona Declaration", we will ask you to continue the infection prevention measures and pay particular attention to the following points to prevent infection and spread of infection. In addition, we have summarized the correspondence and contact information in case of any symptoms, so **please refer to it and take appropriate measures.** (See the attached file)

**●Appropriate actions such as practice of New Lifestyle**

Pay particular attention to the following points from the current spread of infection.

- Avoid entering or leaving high risk areas where cluster outbreaks have been reported. (e.g., nighttime town that can easily become the "Three Cs (1. Closed spaces 2. Crowded places 3. Close-contact settings) ")
- Avoid activities that increase the risk of infection (such as planning and participating in meetings, dinners and drinks that bring people together, and behaving in a loud voice (talking out loud at restaurants, karaoke, events, sports games, etc.))
- Appropriate hand washing, wearing masks, and ventilation to prevent contact and splash infection.

**● Prohibition of non-essential and non-urgent moving to prevalent area (business trip and travel, including returning to the parents' home)**

Based on Aichi Prefecture's original declaration of emergency, the university prohibits non-essential and non-urgent moving ~~both inside and outside the prefecture to prevalent areas~~ **outside the prefecture.**

**●Appropriate response and contact with university when symptoms occur**

- Please refer to the following when you feel a change in your physical condition or feel strange.
  1. Don't come to the university
  2. Avoid meeting people
  3. Be careful of contact with people living together (Each home or university dormitory)
- If you have a symptom of suspected infection, take appropriate measures such as contacting the University Health Care Center. (See the attached file)

**Excerpts from "Practical Examples of New Lifestyles"**

**●Basic infection prevention measures for individuals**

<Three basics of infection prevention>

- ① Keep a safe physical distance ② Wear a mask ③ Wash your hands

<Infection Prevention Measures when Traveling>

- ① Avoid going to and from areas where infections are prevalent  
② Avoid going back to your hometown or traveling  
③ Take notice of local infections

- ④ Take notes of who you meet and where you go in case you become infected
- Basic infection prevention measures in your daily life
- ① Wash your hands frequently, cover your cough as etiquette, and ventilate frequently
  - ② Keep a safe physical distance, avoid the Three Cs (1. Closed spaces 2. Crowded places 3. Close-contact settings)
  - ③ Take your temperature and check your health every morning
- Countermeasures for each scene of daily life
- <Using Public Transport>
- ① Avoid conversation ② Avoid crowded times
- <Dining>
- ① Sit next to each other and not facing ② Focus on the food, avoid conversation
- <Entertainment and Sports>
- ① Don't stay in a small room for too long
  - ② Keep a sufficient distance for singing and cheering
- <Shopping>
- ① Go alone or in a small group at off-peak hours
  - ② Keep the space in front and behind you when you stand in line at the register

- **If you had an essential trip to outside of prefecture prevalent areas**
- Even if you need to travel or move, don't do it if you're not feeling well.
  - After returning to your place of residence, even if you do not have any symptoms, please consult with your faculty member and class teacher and take care to minimize the chances of contact with other people, **such as studying at home (online) for one week.**
- As shown in the Practical Examples of New Lifestyles, be sure to record your health condition including body temperature and the details of your actions (the person you met, the length of stay at the facility, whether or not to wear a mask, etc.).
- Try to minimize the chances of contact with other people as much as possible, including necessary moving and daily life in the prefecture.
  - If you feel unwell after traveling inside or outside of the prefecture, please follow the instructions in the attached "How to respond to symptoms and the flow of contact to the university".

- **About COVID-19 Contact-Confirming Application (COCOA)**
- Because many clusters have occurred at restaurants and other food outlets, we recommend downloading the new coronavirus infection Contact-Confirming Application (COCOA) developed by the Ministry of Health, Labour and Welfare and registering the local government's own notification system, such as the Toyohashi City new corona notification system.
- 【COCOA】 [https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/cocoa\\_00138.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/cocoa_00138.html)
- 【Toyohashi City new corona notification system】 <https://www.toyoalert.jp/>

Please keep in mind that the Activity Restrictions Level and its application date may be changed based on the local infection situation, requests from the country and Aichi prefecture, etc. In that case, we will inform you promptly via the website or email.